

## Different Skate Mount types

### Standard

This is a long plate that is mounted all the way from the back of the boot and puts the front axle under the ball of the foot. This is how most “stock” or “package skates” are mounted. This mount provides excellent stability for speed and great control when jam skating.

Ideal skater – Speed Skating, Jam Skating, or anywhere that stability is more important than maneuverability.

### Sport Mount

The Sport Mount is slightly shorter than a standard mount. The front axle is placed under the ball of the foot just like a standard mount. The rear of the plate (and rear axle) are moved forward towards the ankle bone. This mount provides more maneuverability than a standard mount and is slightly lighter in weight (due to the plate being smaller).

Ideal skater – Session Skating, Derby, Jam Skating. Skater desires a balance of stability and ability to turn.

### Short/Forward

This mount first gained its popularity on the short track of roller derby. This mount is extremely nimble and makes it easy for skaters to turn on a dime.

Ideal Skater - Roller derby, session skating, slalom. For the skater who want or needs the ability to turn like crazy and had good control of their skates.